

Meal Site Menu



August 2015



Meal Site Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3- Waikiki Chicken, Rice Pilaf, Country Cottage Blend, Orange, Whole Wheat Bread, Birthday Cake, Milk	4- Ham Chef Salad w/ Egg & Cheese, Pasta Vegetable Salad, Garden Salad, Confetti Cole Slaw, Saltine Crackers, LD Star Crunch, Salad Dressing, Milk	5- Seafood Salad, Kidney Bean Salad, Carrot Raisin Salad, Juice, Saltine Crackers, Milk	6- Hamburger American Cheese, Carrots, Lettuce & Pickles, Hamburger Bun, Peach Cobbler, Ketchup, Milk	7- BBQ Chicken, AuGratin Potatoes, Juice, Seasoned Turnip Greens, White Bread, Peanut Butter Bar, Milk
10- Sloppy Joe, Whole Kernel Corn, Baked Beans, Juice, Hamburger Bun, Milk	11- Chicken Penne Pasta, Italian Squash, Carrots, Rye Bread, Tropical Mixed Fruit, Milk	12- Italian Sandwich, Cantaloupe, Lettuce & Tomato, Hoagie Bun, L Pecan Spinwheel, Milk	13- Roast Pork, Peach Ginger Sauce, Scalloped Potatoes, Green Peas, Cantaloupe, White Dinner Roll, Milk	14- Shepherd's Pie, Broccoli Cuts, Carrots, White Dinner Roll, LD Fudge Round, Milk
17- Sliced Ham, Pinto Beans, Steamed Spinach, Rye Bread, Juice, Oatmeal Raisin Cookie, Marg, Milk	18- Country Meatballs, Steamed Rice, Pickled Beets, Green Beans, White Bread, Juice, Marg, Milk	19- Chicken Salad, Macaroni Salad, Juice, Lettuce & Tomato, Whole Wheat Bread, Tropical Mixed Fruit, Milk	20- Meatloaf, Brown Gravy, Mashed Potatoes, Mixed Vegetables, White Dinner Roll, Banana, Milk	21- Chicken Philly, O'Brein Potatoes, Carrots, Applesauce, Hot Dog Bun, Milk
24- Beef Patty, Pepper & Onion Gravy, Seasoned Collard Greens, Black-eyed Peas, White Bread, Applesauce, Marg, Milk	25 - Smothered Chicken, Mushroom Gravy, Mashed Potatoes, Green Beans w/Red Peppers, Whole Wheat Bread, Juice, Marg, Milk	26- Pork Ribblett, BBQ Sauce, Green Peas, Whipped Sweet Potatoes, Hamburger Bun, Apple, Milk	27- Turkey Salad, Macaroni Salad, Cooper Penny Salad, Lettuce, Captain's Wafers, Fruit, Milk	28- Beef Tips w/Orange Sauce, Steamed Rice, Juice, Oriental Blend Vegetables, White Dinner Roll, Marg, Milk
31- Waikiki Chicken, Rice Pilaf, Country Cottage Blend, Orange, Whole Wheat Bread, Birthday Cake, Milk				Do you or your loved ones have Medicare? Shiip can help if you have questions. 1- 855- 408-1212 www.ncshiip.com