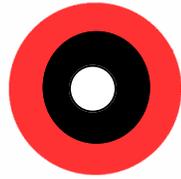
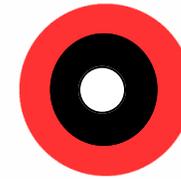


Meal Site Menu



September 2015



Meal Site Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| | 1- Ham Chef Salad w/ Egg & Cheese, Pasta Vegetable Salad, Garden Salad, Confetti Cole Slaw, Saltine Crackers, LD Star Crunch, Salad Dressing, Milk | 2- CLOSED Box lunches provided | 3- Hamburger American Cheese, Carrots, Lettuce & Pickles, Hamburger Bun, Peach Cobbler, Ketchup, Milk | 4- BBQ Chicken, AuGratin Potatoes, Juice, Seasoned Turnip Greens, White Bread, Peanut Butter Bar, Milk |
| 7- CLOSED | 8- Chicken Penne Pasta, Italian Squash, Carrots, Rye Bread, Tropical Mixed Fruit, Milk | 9- Italian Sandwich, Cantaloupe, Lettuce & Tomato, Hoagie Bun, LD Pecan Spinwheel, Milk | 10- BBQ Chopped Pork, Ranch Beans, Confetti Cole Slaw, Hamburger Bun, Apple Crisp, Milk | 11- Shepherd's Pie, Broccoli Cuts, Carrots, White Dinner Roll, LD Fudge Round, Milk |
| 14- Sliced Ham, Pinto Beans, Steamed Spinach, Rye Bread, Juice, Oatmeal Raisin Cookie, Marg, Milk | 15- Country Meatballs, Steamed Rice, Pickled Beets, Green Beans, White Bread, Juice, Marg, Milk | 16- Chicken Salad, Macaroni Salad, Juice, Lettuce & Tomato, Whole Wheat Bread, Tropical Mixed Fruit, Milk | 17- Meatloaf, Brown Gravy, Mashed Potatoes, Mixed Vegetables, White Dinner Roll, Banana, Milk | 18- Chicken Philly, O'Brien Potatoes, Carrots, Applesauce, Hot Dog Bun, Milk |
| 21- Beef Patty, Pepper & Onion Gravy, Seasoned Collard Greens, Black-eyed Peas, White Bread, Applesauce, Marg, Milk | 22 - Smothered Chicken, Mushroom Gravy, Mashed Potatoes, Green Beans w/Red Peppers, Whole Wheat Bread, Juice, Marg, Milk | 23- Pork Ribblett, BBQ Sauce, Green Peas, Whipped Sweet Potatoes, Hamburger Bun, Apple, Milk | 24- Turkey Salad, Macaroni Salad, Cooper Penny Salad, Lettuce, Captain's Wafers, Fruit, Milk | 25- Beef Tips w/Orange Sauce, Steamed Rice, Juice, Oriental Blend Vegetables, White Dinner Roll, Marg, Milk |
| 28- Waikiki Chicken, Rice Pilaf, Country Cottage Blend, Orange, Whole Wheat Bread, Birthday Cake, Milk | 29- Ham Chef Salad w/ Egg & Cheese, Pasta Vegetable Salad, Garden Salad, Confetti Cole Slaw, Saltine Crackers, LD Star Crunch, Salad Dressing, Milk | 30- Seafood Salad, Kidney Bean Salad, Carrot Raisin Salad, Juice, Saltine Crackers, Milk | | Do you or your loved ones have Medicare? Shiip can help if you have questions. 1- 855- 408-1212 www.ncshiip.com |