

# Meal Site Menu

# March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135</b></p>	<p><b>Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.</b></p>		<p>1 Salisbury Steak, Brown Gravy, Seasoned Turnip Greens, Macaroni &amp; Cheese, Bread, Fresh Fruit, Margarine, &amp; Milk</p>	<p>2 Pork Ribblett, BBQ Sauce, Pickle Slices, Chuckwagon Corn, Smothered Potatoes, Hamburger Bun, Cookies &amp; Cream Fluff, &amp; Milk</p>
<p>5 Lemon Pepper Chicken, Rice Pilaf, Green beans w/Red Peppers, Orange-Tangerine Juice, Dinner Roll, Jelly Crème Pie, &amp; Milk</p>	<p>6 Spaghetti w/Meat Sauce, Whole Kernel Corn, Tossed Salad, Texas Toast, Peach Crisp, Italian Dressing, &amp; Milk</p>	<p>7 Sliced Ham, Cider Glaze, Chantilly Potatoes, Seasoned Collard Greens, Fruit Punch, Whole Wheat Roll, Oatmeal Cookie, &amp; Milk</p>	<p>8 Hamburger, American Cheese, Bake Beans, Mandarin Oranges, Hamburger Bun, Apple Crisp, Ketchup, &amp; Milk</p>	<p>9 Chicken Fettuccine, Green Peas, Carrots, Texas Toast, Orange-Tangerine Juice, Margarine, &amp; Milk</p>
<p>12 Slice Roasted Turkey, Poultry Gravy, Candied Sweet Potatoes, Mustard Greens, Applesauce, White Bread, Fruit &amp; Grain Bar, Margarine, &amp; Milk</p>	<p>13 Swiss Style Beef Patty, Rice Pilaf, Orange, Mixed Vegetables, Whole Wheat Bread, Birthday Cake, &amp; Milk</p>	<p>14 Chicken Hearty Stew, Mash Potatoes, Black-eyed Peas, White Dinner Roll, Grape Juice &amp; Milk</p>	<p>15 Ham &amp; Vegetable Frittata, Grits, Orange-Tangerine Juice, Spiced Peaches, English Muffin, Jelly, Margarine, &amp; Milk</p>	<p>16 BBQ Pulled Pork, Baked Beans, Confetti Cole Slaw, Hamburger Bun, Pineapple Crisp, &amp; Milk</p>
<p>19 Italian Beef &amp; Rice Casserole, Italian Blend Vegetables, Orange-Tangerine Juice, White Dinner Roll, Pecan Spinwheel, Margarine, &amp; Milk</p>	<p>20 Slice Ham, White Beans, Seasoned Collard Greens, Grape Juice, Cornbread, Mixed Fruit, Margarine &amp; Milk</p>	<p>21 Hot Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, &amp; Milk</p>	<p>22 Roast Pork, Pork Gravy, Creamed Potatoes, Seasoned Turnip Greens, Cornbread, Grape Juice, Lemon Pie, &amp; Milk</p>	<p>23 Peanut Butter Jelly, Beef Vegetable Soup, Broccoli Cuts, White Bread, Apple Crisp, &amp; Milk</p>
<p>26 Beef Patty Mushroom Gravy, Black-eyed Peas, Scalloped Potatoes, Whole Wheat Bread, Orange, Margarine, &amp; Milk</p>	<p>27 Oriental Shoyu Chicken, Steamed Rice, Carrots, Orange-Tangerine Juice, Fortune Cookie, &amp; Milk</p>	<p>28 Turkey &amp; Cheese Sandwich, Broccoli, Cream of Tomato Soup, Whole Wheat Bread, Escalloped Apples, Mayonnaise, &amp; Milk</p>	<p>29 Salisbury Steak, Brown Gravy, Seasoned Turnip Greens, Macaroni &amp; Cheese, Bread, Fresh Fruit, Margarine, &amp; Milk</p>	<p>30  <b>CLOSED GOOD FRIDAY</b></p>