Monday	Tuesday	Wednesday	Thursday	Friday
Do you or loved ones have Medicare? SHIIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.			1 Chicken Salad, Pasta Vegetable Salad (1 cup), Marinated Vegetable Salad, Lettuce & Tomato, Club Crackers, & Milk
4 Sliced Ham, White Beans, Fresh Fruit, Seasoned Turnip Greens, Cornbread, LD Oatmeal Cookie, & Milk	5 Beef Taco, Whole Kernel Corn, Green Garden Salad (1Cup), Spanish Rice, Fresh Orange, tortilla Chips, Salad Dressing, & Milk	6 BBQ Chicken, Macaroni & Cheese, Lima Beans w/Red Peppers, Mandarin Oranges, White Bread, Margarine, & Milk	7 Seafood Salad, Spinach Salad, Fruit Punch Juice, Green Pea Salad, Fresh Banana, & Milk	8 Beef Teriyaki, Steamed Rice, Carrots, Strawberry- Kiwi Juice, White Dinner Roll, Birthday Cake, & Milk
11 Smoked Sausage, Onions/Peppers, Seasoned Collard Greens, Pinto Beans, Hot Dog Bun, Fruit & Grain Bar, & Milk	12 Chicken Milano, Green Peas, Fruit Punch Juice, Rye Bread, Spiced Peaches, Margarine, & Milk	13 Turkey Salad, Potato Salad, Copper Penny Salad, Whole Wheat Bread (2 slices), Applesauce, & Milk	14 A-1 Chopped Steak, Mashed Potatoes, Chuckwagon Corn, White Dinner Roll, Fresh Cantaloupe, Margarine & Milk	15 BBQ Chicken, Scalloped Potatoes, Strawberry-Kiwi Juice, Whole Wheat Dinner Roll, Cookies & Cream Fluff, & Milk
18 Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Brussels Sprouts, Grape Juice, Texas Toast, Margarine, & Milk	19 Hot Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk	20 Broccoli Bake, Breakfast Sausage, O'Brien Potatoes, Sliced Peaches, English Muffin, Jelly, Margarine, & Milk	21 Pork Ribblett, BBQ Sauce, Orange-Tangerine Juice Baked Beans, Hamburger Bun, Pineapple Crisp, Pickle Slices, & Milk	22 Beef Patty, Pepper & Onion Gravy, Candied Sweet Potatoes, Buttered Cabbage, Apple Juice, White Dinner Roll, & Milk
25 Spaghetti w/Meat Sauce, Creamed & Whole Kernel Corn, Orange-Tangerine Juice, White Dinner Roll, Margarine, & Milk	26 Smothered Chicken, Mashed Potatoes, Apple Juice, Green Peas & Red Peppers, Whole Wheat Bread, LD Oatmeal Cookie, & Milk	27 Italian Sandwich, Macaroni Salad, Marinated Carrot Salad, Tropical Fruit Salad, Hoagie Bun, & Milk	28 Hamburger, American Cheese, Orange Juice, Baked Beans, Lettuce & Tomato, Hamburger Bun, Cherry Cobbler, Ketchup, & Milk	29 Chicken Salad, Pasta Vegetable Salad (1 cup), Marinated Vegetable Salad, Lettuce, Club Crackers, & Milk