## Meal Site Menu

## August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Do you or loved ones have Medicare? SHIIP can help if you questions. 1-855-408-1212 or 410-1135	Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.		1. Turkey Salad, Lettuce & Tomato, Copper Penny Salad, Orange-Tangerine Juice, White Bread (2 Slices), LD Oatmeal Cookie & Milk	2. Swiss Style Beef Patty, Mashed Potatoes, Mixed Fruit Succotash, White Dinner Roll, & Milk
5. Waikiki Chicken, Rice Pilaf, Country Cottage Blend, Fresh Orange, Whole Wheat Roll, Birthday Cake, & Milk	6. Hog Dog w/Chili, Ranch Beans, Orange-Tangerine Juice, Confetti Cole Slaw, Hot Dog Bun, Fruit & Grain Bar, & Milk	7. Egg Salad, Cucumber Tomato Salad, Marinated Broccoli Salad, White Bread (2 Slices),	8. Hamburger, American Cheese, Carrots, Lettuce & Pickles, Hamburger Bun, Peach Cobbler, Ketchup, & Milk	9. BBQ Chicken (Bone-in), Chantilly Potatoes, Fresh Banana, Seasoned Turnip Greens, Rye Bread, & Milk
12. Beef Patty, Pepper & Onion Gravy, Seasoned Collard Greens, White Beans, White Dinner Roll, Pineapple Tidbits, Margarine, & Milk	13. Chicken Fettuccine, Italian Squash, Mixed Vegetables, Rye Bread, Fruit ^ Grain Bar, & Milk	14. BBQ Pulled Pork, Baked Beans, Confetti Cole Slaw, Hamburger Bun, Grape Juice, & Milk	15. All American Sandwich, Lettuce & Tomato, Pasta Vegetable Salad (1 Cup), Hoagie Bun, Mandarin Oranges, & Milk	16. Spaghetti w/Meat Sauce, Green Garden Salad, Italian Blend Vegetables, Whole Wheat Bread, Blueberry Cake, Italian Dressing, & Milk
19. Sliced Ham, Sweet Potatoes and Apples, Pinto Beans, Fruit Punch Juice, White Dinner Roll, Vanilla Pudding, Margarine, & Milk	20. Sloppy Joe, Pineapple Slaw, Baked Beans, Hamburger Bun, Mixed Fruit Crisp, & Milk	21. Bourbon Chicken Salad, Pasta Vegetable Salad (1 cup), Carrot Raisin Salad, Captain's Wafers, LD Star Crunch, & Milk	22. A-1 Chopped Steak, Brown Gravy, Mashed Potatoes, Mixed Vegetables, Whole Wheat Bread, Fresh Banana, & Milk	23. Sausage w/Onions & Peppers, Rice Pilaf, Southern Green Beans, Orange- Tangerine Juice, Hot Dog Bun, Peanut Butter Fluff, Yellow Mustard, & Milk
26. Beef Macaroni w/Tomato, Seasoned Turnip Greens, Chuckwagon Corn, Texas Toast, LD Fudge Round, & Milk	27. Pork Ribblett, BBQ Sauce, Green Peas, Whipped Sweet Potatoes, Hamburger Bun, Fresh Apple, Pickle Slices, & Milk	28. Smothered Chicken, Mushroom Gravy, Steamed Rice, Fruit Punch, Capri Blend Vegetables, White Dinner Roll, Margarine, & Milk	29. Chef Salad w/Ham, egg, Cheese, Potato Salad, Broccoli Cole Slaw, Saltine Crackers Low Sodium, Snicker doodle Bar, & Milk	30. Swiss Style Beef Patty, Mashed Potatoes, Mixed Fruit Succotash, White Dinner Roll, & Milk