

East Rockingham Senior Center
135 Safie 6th Street
Rockingham, NC 28379
(910) 997-8332

MARCH 2020

NC Senior Center of Excellence

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance class 2:00pm	3 CLOSED ELECTION DAY	4 Liberty Tax Service 11:00am UNO, dominoes, aggravation 1:00pm Cornhole 3:00pm	5 Color me calm 1:00pm \$Art Class 1:30pm Bocce 3:00pm	6 Hand wax therapy 12:00pm Scrabble 1:00pm Tai-chi class 3:00pm
9 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance class 2:00pm	10 Walk with ease 10:00am CV practice 1:00pm Contract rummy 2:00pm HAPPY HOUR 6:00pm	11 Liberty Tax Service 11:00am Horseshoes 10:00am CV game w/Ellerbe 1:30pm (AWAY)	12 Color me calm 1:00pm \$Art Class 1:30pm Bocce 3:00pm	13 Scrabble 1:00pm Tai-chi class 3:00pm
16 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance class 2:00pm	17 \$Girls' Day Out 8:00am Walk with ease 10:00am CV practice 1:00pm Contract rummy 2:00pm	18 Liberty Tax Service 11:00am UNO, dominoes, aggravation 1:00pm Cornhole 3:00pm	19 Color me calm 1:00pm \$Art Class 1:30pm Bocce 3:00pm	20 Hand wax therapy 12:00pm Scrabble 1:00pm TCJ of ER 4:30pm
23 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance class 2:00pm	24 Walk with ease 10:00am CV practice 1:00pm Contract rummy 2:00pm	25 Horseshoes 10:00am CV game w/Hamlet 1:30pm (HOME)	26 \$Unilever Trip 8:00am Color me calm 1:00pm \$Art Class 1:30pm Bocce 3:00pm	27 Scrabble 1:00pm Tai-chi class 3:00pm BINGO 2:00pm
30 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance class 2:00pm	31 Walk with ease 10:00am CV practice 1:00pm Contract rummy 2:00pm		LEGEND CV=chair volleyball \$=fee for program/activity	TCJofER=The Crown Jewels of East Rockingham

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bingo 12:15 with Richmond co Hospice	3 Pastor David Fore 11:45pm Tracy Parris-Census Liberty Tax Service 11:00am-12:00pm	4 Volleyball Practice@10:00am	5 Bingo with Richmond Pines RHA Winter Safety Miriam	6 Contract Rummy 12:15pm
9 Bingo 12:15pm with United Healthcare	10 Chair Exercises 10:30am Movie and popcorn @ Leath Library 1:00pm-3:00pm	11 Volleyball Practice 10:00am Game at E Rock @Home Pastor McKnight 11:45am	12 Bingo 12:15pm with Cornerstone Ins	13 Aggravation 12:15pm
16 Bingo 12:15pm with Humana	17 Liberty Tax Service 11:00am-12:00pm Trip to Fayetteville leaving ell-sc @ 8:00am	18 Volleyball Practice 10:00am Volleyball Game V/S Hamlet-Away	19 Bingo 12:15pm with Community Hospice	20 Contract Rummy 12:15pm
23 Bingo 12:15pm	24 Chair Exercises 10:30am Veterans Event @ Cole 11:00am-1:00pm	25 Volleyball Practice 10:00am	26 Bingo12:15pm	27 Scrabble 12:15pm
30 Bingo 12:15pm	31 Chair Exercises 10:30am			Legend : \$ = Fee for program/activity

Rockingham Senior Center

225 South Lawrence St. Rockingham, NC 28379
910-997-4491

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Exercise Room & Computer Lab 7:30am-5:30pm	3 Exercise Room & Computer Lab 7:30am- 5:30pm	4 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only Paraffin Hand Wax 7:30am-5:00pm	5 Exercise Room & Computer Lab 7:30am- 5:30pm	6 Exercise Room & Computer Lab 7:30am-5:30pm
9 Exercise Room & Computer Lab 7:30am-5:30pm	10 Exercise Room & Computer Lab 7:30am- 5:30pm	11 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only Paraffin Hand Wax 7:30am-5:00pm	12 Exercise Room & Computer Lab 7:30am- 5:30pm	13 Exercise Room & Computer Lab 8:00am-5:00pm
16 Exercise Room & Computer Lab 7:30am-5:30pm	17 Exercise Room & Computer Lab 7:30am-5:30pm	18 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP-by appt. only Paraffin Hand Wax 7:30am-5:00pm	19 Exercise Room & Computer Lab 7:30am-5:30pm Alive after 55 Smithfield's Chicken & BBQ 5:00pm-8:00pm	20 Exercise Room & Computer Lab 8:00am-5:00pm
23 Exercise Room & Computer Lab 7:30am-5:30pm	24 Exercise Room & Computer Lab 7:30am-5:30pm Veteran's Event @ Cole Auditorium 11:00am-1:00pm	25 Exercise Room & Computer Lab 7:30am-5:30pm SHIIP- by appt. only Paraffin Hand Wax 7:30am-5:00pm	26 Exercise Room & Computer Lab 7:30am- 5:30pm	27 Exercise Room & Computer Lab 8:00am-5:00pm
30 Exercise Room & Computer Lab 7:30am-5:30pm	31 Exercise Room & Computer Lab 7:30am-5:30pm		Legend: \$= Fee for Program/Activity *Seating is limited Appt.=Appointment	Legend: SHIIP= Senior Health Insurance Information Program 410-1135 for an appt.