



RICHMOND COUNTY HUMAN SERVICES DEPARTMENT

127 Caroline Street
Rockingham, North Carolina 28379
Phone: 1-910-997-8300
Facsimile: 1-910-997-8336 Health Dept



North Carolina
Public Health

Tommy Jarrell, PhD
Director of Health & Human Services

Jacqueline Welch
Director of Aging Services

AGING SERVICES ADVISORY COUNCIL MEETING MINUTES

DATE: April 25, 2019
TIME: 2:00pm
LOCATION: Human Services Building, Large Classroom

1. ATTENDANCE:

Neel Peacock, Chairperson / Area of Richmond Transportation Director
Jacqueline Welch, Richmond County Aging Services Director
Tommy Jarrell, Health & Human Services Director
Lee Anne Sago, Senior Assistance Coordinator
Hilda Pemberton, Ellerbe Senior Center
Laura Williams, Ellerbe Senior Center
Vagas Jackson, Tax Administrator
Kim Partin, Nutritional Director, Aging Services
Lisa Luckey, Community Home Care & Hospice
Carolyn Walker, Rockingham Senior Center Participant
Don Bryant, Richmond County Commissioner
Susan Seller, STHL Director
Donna Luther, East Rockingham Senior Center Director
Twillia Allen, LRCOG Aging Program Administrator
Sheila Brosier, Administrative Assistant

2. WELCOME:

Neel Peacock, Chairperson opened the meeting and welcomed everyone.

3. APPROVAL OF MEETING MINUTES (January 31, 2019):

Mr. Peacock asked everyone to review the January 31, 2019, meeting minutes for approval.

- **Motion Offered By:** Vagas Jackson
- **Motion Seconded By:** Tommy Jarrell
- **Motion Carried:** Yes

4. **REVIEW OF MONTHLY REPORTS (March 2019):**

Jacqueline Welch reviewed the RCAS and ART Home Community Care Block Grant Monthly Report for 2018-2019, highlighting activities and expenditures for the month of March 2019. The target goal for expenditures is 74%; the RCAS is currently at 73% with plans to meet the goal by the end of this fiscal year. The majority of the budget was spent on In-Home Aide, home delivered meals, and congregate nutrition.

There are currently 131 citizens on the waiting list for home delivered meals. Ms. Welch explained the eligibility criteria and screening process for clients to be placed in the home delivered meal program. Dr. Jarrell expressed concern about the length and number of citizens on the waiting list, and inquired of possible solutions to reduce it. Several factors contribute to the waiting list, including the lack of volunteers to deliver meals. RCAS solicits for volunteers; however, many reasons are given, such as: people are fearful of going to various homes; many retirees who would like to volunteer are caretakers of their grandchildren. Ms. Welch suggested utilizing social workers, (or other staff positions) to deliver meals and charge a portion of their salary to that entity. Dr. Jarrell explained the split in salary would be challenging and eventually cost the county additional money. Twilla Allen stated Scotland and Hoke counties encountered similar issues with obtaining volunteers, and have hired part-time drivers to deliver meals. The drivers work approximately three hours per day, five days a week, and are also compensated at 58 cents per mile. Ms. Welch recommended placing funds in reserve in fiscal year 2019-2020 budget to hire a part-time driver for home delivered meals. Neel Peacock suggested using an ART van to deliver meals which would eliminate the cost of paying for mileage. Dr. Jarrell carried the motion to reserve \$24,000 of next year's budget to hire one, or possible two part-time drivers to work 15 hours per week, five days a week.

- **Motion Offered By:** Tommy Jarrell
- **Motion Seconded By:** Don Bryant
- **Motion Carried:** Yes

Twilla Allen presented the 3rd quarter 2019 report for Richmond County HCCBG Services. The target % of funds used was cited as 50% on the report, and was also referenced at January's meeting. The correct target rate is 75% and will be reflected on future reports.

Ms. Welch provided handouts with summary and financial reports for the Senior Centers in Ellerbe, Rockingham and East Rockingham. All of the Senior Centers have been very effective in providing social activities and field trips this year. The **East Rockingham Senior Center** boasts high volumes of participants in billiards, bingo, chair volleyball, and happy hour. Ms. Luther noted the upcoming water aerobics class scheduled to begin in June. There are currently five participants; however, at least ten people must sign up to begin the class. There were four building rentals in March 2019. It was noted the caretaker has resigned and staff currently maintain the building sanitation until the position is filled. The position's salary is \$8.50 per hour to clean the building on Saturday and as needed. The board made several suggestions to recruit and retain a qualified person for the position; (1) raise the salary to a flat \$50.00 for Saturday cleaning; and (2) raise the rental fee from \$100.00 to \$125.00 to account

for the additional salary. The deposit fee would remain at \$50.00. If approved, this change would be effective with all new rental contracts made on or after July 1, 2019. The vacant position will be advertised and once filled, will be compensated at \$50.00 per cleaning. If the employee is not available to work, staff can volunteer to clean the building and receive the \$50.00 compensation.

- **Motion Offered By:** Don Bryant
- **Motion Seconded By:** Susan Sellers
- **Motion Carried:** Yes

The **Ellerbe Senior Center** sponsored a trip to Concord Mills in February. The next trip is scheduled for May to the beach. The **Rockingham Senior Center** highlighted the increase in participants utilizing the exercise room.

The Savings Report for Regular Travel revealed total year to date savings of \$6,009.93 for fiscal year 2018-2019. The Savings Report for Volunteer Hours revealed 1,619.68 total hours of service, which equals total year to date saving of \$38,159.66.

Lee Anne Sago reported on the types of services provided to seniors during the month of March. Approximately 42 seniors were assisted in March. Ms. Sago noted an increase in requests from seniors for mental health and grief counseling.

5. UPDATE ON CONTRACT FOR LEGAL SERVICES FOR OLDER AMERICANS UNDER THE HCCBG FOR FY-18-19:

The contract has been finalized and is a two-year pilot program. A full-time staff attorney was hired and has been active in meeting clients at the congregate nutrition sites. He is planning to do presentations on wills, financial exploitation, denial letters, and other topics, as well as meet with senior clients on an individual basis. He has a presentation scheduled on May 20th at the East Rockingham Senior Center. Seniors can also contact the staff attorney through the senior triage call line.

6. 2018-2019 ADDITIONAL HCCBG ALLOCATION:

Ms. Welch stated the RCAS was allotted an additional \$18,303.00 from the HCCBG on April 18, 2019, and solicited the advisory board's recommendation for allocation of funds to the various programs. Based on the budget spreadsheet, ART General Transportation is underspent; In Home Aide is underspent due to the termination of an employee which is generating salary savings; and Congregate Nutrition and Home Delivered Meals are slightly overspent. Further discussion led to a motion to realign and allocate funds, as follows:

- Move \$4,000.00 from ART General Transportation to Senior Center Operations.
- Move \$9,000.00 from In Home Aide to Senior Center Operations.
- Allocate \$1500.00 of HCCBG to Congregate Nutrition.
- Allocate \$1500.00 of HCCBG to Home Delivered Meals.
- Allocate \$15303.00 of HCCBG to Senior Center Operations.

- **Motion Offered By:** Vagas Jackson
- **Motion Seconded By:** Hilda Pemberton
- **Motion Carried:** Yes

7. **2019-2020 NEW YEAR HCCBG ALLOCATION:**

Ms. Welch reported on the projected budget for fiscal year 2019-2020 which consists of allocation of federal, state, and local funding totaling \$462,421. This is an increase of \$24,606 from the 2018-2019 fiscal year budget. The HCCBG is expected to allocate \$27,217 for Congregate Nutrition; \$19,251 for In Home Services; and \$23,101 for Access Services.

8. **DEMENTIA FRIENDS INITIATIVE UPDATE:**

The number of Dementia Friends made in Richmond County to date is 246.

The following Dementia Friends sessions were held in April:

- Thursday, April 4, 2019, at 6:30pm at the Ashley Chapel Community Center yielded 21 new Dementia Friends.
- Friday, April 12th at 10:30am; and Tuesday, April 16th at 2:00pm at the Richmond County Health Department yielded 31 new Dementia Friends.

“Dementia Friends NC” Information Sessions are now available and can be provided by Dementia Champions to join in learning about dementia and helping people who are living with it in our communities. Individuals who participate in the training will receive a Dementia Friends button and businesses will receive a Dementia Friends sticker to display in their window. Two new Dementia Champions have been trained and can provide the training. If anyone is interested in training for their church, business, or organization, contact Jacqueline Welch at 910-997-4491 to schedule a date.

Jacqueline Welch announced the Aging Services and Hamlet Senior Center webpages are active and serve as a resource for support groups, workshops, programs, and other helpful information. Please LIKE our newly created Facebook page for “Dementia Friendly Richmond County NC”: <https://www.facebook.com/Dementia-Friendly-Richmond-County-NC-379709965964114/>

The Richmond County Dementia Friends committee is working on the application process to become nationally recognized.

9. **GENERAL DISCUSSION & IDEAS:**

Jacqueline Welch distributed the May 2019 Newsletter and reviewed upcoming events. Aging Services is hosting a raffle ticket fundraiser to win a 58' screen television which was donated by Area of Richmond Transit. To date, \$608.00 has been raised. The drawing will be held on May 1, 2019 at 3:00pm.

Alive After 55 Supper Club met at Holiday Restaurant on March 21st with 32 seniors; and at Godfather's Pizza on April 18th. The next event is scheduled on May 16th at 6:00pm at Captain George's Restaurant in Rockingham.

The East Rockingham Center is hosting its second annual Yard Sale on June 22, 2019. Donations will be accepted from now until June 21, 2019, and can be dropped off at the Rockingham Senior Center. Ms. Welch stated part of the proceeds can be donated to the Alzheimer's Walk.

The opening ceremony for the Senior Games and Silver ARCS will be held on April 29th at 5:30pm in the amphitheater at Richmond Community College. There are 221 seniors who signed up to participate.

Susan Sellers announced the Walk with Ease class will begin in June. Participants will meet at the train station and walk through Main Street in Hamlet.

10. **NEXT ADVISORY MEETING:** Meeting is held on the last Thursday of January, April, July and October at 2:00pm, unless a Special Called meeting is planned.

DATE: July 25, 2019

TIME: 2:00pm

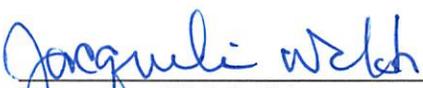
LOCATION: Cooperative Extension Building Conference Room

11. **ADJOURNMENT:** The meeting adjourned at 3:30pm.

- **Motion Offered By:** Tommy Jarrell
- **Motion Seconded By:** Carolyn Walker
- **Motion Carried:** Yes



Neel Peacock, Chairperson
Director, Area of Richmond Transportation



Jacqueline Welch, Director
Richmond County Aging Services