

Meal Site Menu

menu subject to change

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135</p>	<p>Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.</p>		<p>1. Chicken Salad, Macaroni Salad, Orange-Tangerine Juice, Cumber Tomato Salad, Whole Wheat Bread (2 slc), LD Oatmeal Cookie, & Milk</p>	<p>2. A-1 Chopped Steak, Brown Gravy, Rice Pilaf, Fruit Punch Juice, Cabbage & Carrots, White Dinner Roll, Fresh Banana, Margarine, & Milk</p>
<p>5. Breakfast Sausage, Yogurt (Low Fat), Grits, Spiced Peaches, Orange-Tangerine Juice, Biscuit, Jelly, Margarine, & Milk</p>	<p>6. White Bean & Chicken Chili, grape Juice, Winter Blend Vegetables, Whole Wheat Bread, Mixed Berry Crisp, & Milk</p>	<p>7. Sliced Roasted Turkey, Poultry Gravy, Mashed Potatoes, Carrots & Peas, Mixed Fruit, Whole Wheat Bread, Oatmeal Raisin Cookie, Margarine & Milk</p>	<p>8. Swiss Style Beef Patty, Steamed Rice, Fresh Orange, Okra & Tomatoes, White Dinner Roll, fruit & Grain Bar, Margarine, & Milk</p>	<p>9. Chicken w/Paprika Cream Sauce, Red Bliss Potatoes, Steamed Spinach, Whole Wheat Dinner Roll, Pineapple Tidbits, LD Banana Marshmallow Pie, & Milk</p>
<p>12.</p> <p style="text-align: center;">CLOSED</p>	<p>13. Pork Ribblett, BBQ Sauce, Whipped Sweet Potatoes, Orange-Tangerine Juice, Lima Beans w/Red Peppers, Hamburger Bun, Pickle Slices, & Milk</p>	<p>14. Beef Macaroni w/Tomato, Fresh Apple, Capri Blend Vegetables, Whole Wheat Bread, Fruit Punch Juice, Margarine, & Milk</p>	<p>15. Sausage Onions & Peppers, Seasoned Collard Greens, Pinto Beans, Hot Dog Bun, LD Fudge Round, & Milk</p>	<p>16. Hamburger, American Cheese, Lettuce & Tomato, Chuckwagon Corn, Hamburger Bun, Peach Cobbler, Ketchup, & Milk</p>
<p>19. Chicken Hearty Stew, Pinto Beans, Grape Juice, Whole Wheat Bread, Pineapple Crisp, & Milk</p>	<p>20. Roast Pork, Pork Gravy, Chantilly Potatoes, Seasoned Green Beans, Orange-Tangerine Juice, Whole Wheat Roll, Gingerbread Cake, & Milk</p>	<p>21. Peach-Orange BBQ Chicken, Macaroni & Cheese, Mandarin Oranges, Carrots, White Dinner Roll, LD Oatmeal Cookie, & Milk</p>	<p>22.</p> <p style="text-align: center;">CLOSED</p>	<p>23.</p> <p style="text-align: center;">CLOSED</p>
<p>26. Waikiki Chicken, Mashed Potatoes, Italian Squash, Carrots, Rye Bread, LD Fudge Round, & Milk</p>	<p>27. Hot Dog w/Chili, Baked Beans, Confetti Cole Slaw, Hot Dog Bun, Escalloped Apples, & Milk</p>	<p>28. Baked Spaghetti Casserole, Green Peas, Green Garden Salad (1 cup), Texas Toast, Spiced Peaches, Fat Free Ranch Dressing, & Milk</p>	<p>29. Chicken Salad, Macaroni Salad, Orange-Tangerine Juice, Cumber Tomato Salad, Whole Wheat Bread (2 slc), LD Oatmeal Cookie, & Milk</p>	<p>30. A-1 Chopped Steak, Brown Gravy, Rice Pilaf, Fruit Punch Juice, Cabbage & Carrots, White Dinner Roll, Fresh Banana, Margarine, & Milk</p>