

Meal Site Menu

menu subject to change

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Do you or loved ones have Medicare? SHIP can help if you questions. 1-855-408-1212 or 410-1135</p>	<p>1. CLOSED</p>	<p>2. Turkey & Cheese Sandwich, Broccoli, Cream of Tomato Soup, Whole Wheat Bread (2 slices), Escalloped Apples, Mayonnaise, & Milk</p>	<p>3. A-1 Steak, Brown Gravy, Seasoned Turnip greens, Macaroni & Cheese, White Bread, Fresh Fruit, LD Banana Cake, & Milk</p>	<p>4. Pork Ribblett, BBQ Sauce, Pickle Slices, Chuckwagon Corn, Smothered Potatoes, Hamburger Bun, Cookies & Cream Fluff & Milk</p>
<p>7. Lemon Pepper Chicken, Rice Pilaf, Green Beans w/Red Peppers, Orange-Tangerine Juice, White Dinner Roll, LD Jelly Crème Pie & Milk</p>	<p>8. Spaghetti w/Meat Sauce, Chuckwagon Corn, Tossed Salad, Texas Toast, Apple Crisp, Italian Dressing, & Milk</p>	<p>9. Baked Pork Chop, Pork Gravy, Creamed Potatoes, Fruit Punch, Seasoned Collard Greens, White Dinner Roll, Banana Chocolate Chip Bar & Milk</p>	<p>10. Hamburger American Cheese, Carrots, Lettuce & Pickles, Hamburger Bun, Peach Cobbler, Ketchup, & Milk</p>	<p>11. Chicken Fettuccine, Broccoli Cuts, Pineapple Tidbits, Whole Wheat Bread, Margarine, & Milk</p>
<p>14. Sliced Roasted Turkey, Poultry Gravy, Candied Sweet Potatoes, Mustard Greens, Fresh Apple, White Bread, Fruit & Grain Bar, Margarine, & Milk</p>	<p>15. Swiss Style Beef Patty, Mashed Potatoes, Fresh Orange, Mixed Vegetables, Whole Wheat Bread, Birthday Cake, & Milk</p>	<p>16. Chicken Hearty Stew, Rice, Black-eyed Peas, White Dinner Roll, Grape Juice, & Milk</p>	<p>17. Ham & Vegetable Frittata, Grits, Orange-Tangerine Juice, Spiced Peaches, English Muffin, Jelly, Margarine, & Milk</p>	<p>18. Sausage w/onions & peppers, Baked Beans, Confetti Cole Slaw, Hot Dog Bun, Pineapple Crisp, & Milk</p>
<p>21. CLOSED</p>	<p>22. Sliced Ham, White Beans, Seasoned Collard Greens, Grape Juice, Cornbread, Mixed Fruit, Margarine, & Milk</p>	<p>23. Hot Dog w/Chili, Ranch Beans, Cole Slaw, Hot Dog Bun, Orange-Tangerine Juice, & Milk</p>	<p>24. Chicken w/Paprika Cream Sauce, Lima Beans w/Red Peppers, Glazed Carrots, Orange-Tangerine Juice, White Dinner Roll, Margarine, & Milk</p>	<p>25. Turkey Salad, Beef Vegetable Soup, Broccoli Cuts, Whole Wheat Bread (2 slices), Apple Crisp, & Milk</p>
<p>28. Beef Patty, Mushroom Gravy, Black-eyed Peas, Scalloped Potatoes, Whole Wheat Bread, Fresh Orange, Margarine, & Milk</p>	<p>29. Oriental Shoyu Chicken, Steamed Rice, Carrots, Orange-Tangerine Juice, White Dinner Roll, Fortune Cookie, & Milk</p>	<p>30. Turkey & Cheese Sandwich, Broccoli, Cream of Tomato Soup, Whole Wheat Bread (2 slices), Escalloped Apples, Mayonnaise, & Milk</p>	<p>31. A-1 Steak, Brown Gravy, Seasoned Turnip greens, Macaroni & Cheese, White Bread, Fresh Fruit, LD Banana Cake, & Milk</p>	<p>Save your Pop Tabs to help raise money for the Ronald McDonald House. Give them to the Senior Centers.</p>