



Newsletter



225 South Lawrence Street
Rockingham, NC 28379

Phone: 910-997-4491
Fax: 910-410-1136

Email: agingservices@richmondnc.com

May 2021

Webpage: www.richmondnc.com

Facebook: [@agingisgood](https://www.facebook.com/@agingisgood)



Richmond County Aging Services

YARD SALE

FRIDAY, MAY 21ST & SATURDAY, MAY 22ND 2021

8:00 AM - 1:00 PM

OLD PLACE OF GRACE CAMPUS

559 AIRPORT RD. ROCKINGHAM, NC



Food Truck on Site

8AM - 1PM



PLEASE PRACTICE SOCIAL DISTANCING

FOR MORE
INFORMATION

CALL

(910) 997-4491

Proceeds will benefit Aging Services'
Dementia Friendly Program.

>> **OUTDOOR YARD SALE - CASH ONLY** <<



In thinking, keep to the simple.
In conflict, be fair and generous.
When leading, don't try to control.
In work, do what you enjoy.
In family life, be completely present.
Lao Tzu

Happy Mother's Day! Sunday, May 9th

Richmond County EARTH DAY Clean Up
Thanks Sponsors
 April 24th, 2021



A special Thank You for all your donations and Participation!
Thank You
Packets contain coupons from the following:

- > McDonald's
- > Dairy Queen of Hamlet
- > Biscuitville
- > Seafoodie
- > Sly's Famous Diner
- > Dairy Queen of Rockingham
- > Bojangles
- > Zaxby's

Thank you all so much for your donations towards Richmond County's Earth Day Community Clean Up Event!!!

We still have T-shirts available.
They are \$15 each.
Remaining T-shirts sold will benefit Aging Services'
Minor Home Repair & Modification Program.
Call (910) 997-4491



ADULT INCONTINENCE SUPPLIES

If you are 55 or older and are in need of adult incontinence supplies, please give us a call. We have an abundance supply of 2XL Diapers and Pull-Ups. (must have ID)

Please call our office
@910-997-4491
or stop by
Aging Services
225 South Lawrence
Street Rockingham to
pick up.

Richmond County Aging Services REMEMBERING THOSE WE'VE LOST TO COVID - 19 COMMUNITY EVENT

APRIL 10, 2021 MARKS THE ONE YEAR ANIVERSARY
OF OUR COUNTY'S FIRST LOSS DUE TO COVID



HUMAN SERVICES PARKING LOT

**WE WILL ANNOUNCE THE DATE OF
THIS EVENT WITHIN A WEEKS NOTICE
IN HOPES TO AVOID A RAINY NIGHT.**

A DESIGNATED ROUTE WILL BE THROUGH DOWNTOWN
ROCKINGHAM TO THE HUMAN SERVICES PARKING LOT TO VIEW
THE LUMINARIES.

PLEASE REMAIN IN YOUR VEHICLE.

PLEASE RSVP BY CALLING AGING SERVICES (910) 997-4491

4/28/21

RICHMOND COUNTY AGING SERVICES

Fans Needed For Senior Citizens

Help keep seniors cool for the summer by donating:

**NEW FANS
or
MONEY**

at the Rockingham Senior Center located at
225 South Lawrence Street beside the
Rockingham Fire Department.

Call (910) 997-4491 if you have questions.

Memorial Day Monday, May 31st



Memorial Day is a federal holiday in the United States for honoring and mourning the military personnel who have died in the performance of their military duties while serving in the United States Armed Forces. The holiday is observed on the last Monday of May.

Wikipedia

Yard Sale Donations Needed

Richmond County Aging Services is having their
3rd Annual Yard Sale
Friday, May 21st and Saturday, May 22nd.

If you would like to donate any new or slightly used items, please call 997-4491 to arrange a time to meet us at yard sale location (old Place of Grace Campus) for us to collect them.

NO CLOTHING PLEASE!

So, let's get those garages, attics and closets cleaned out and find lots of hidden treasures for us to sell.

Funds raised will benefit Aging Services' Dementia Friendly Program.

JUST LETTING YOU
KNOW

PROPERTY TAX EXEMPTION

If you are 65 or older you may qualify for a tax exemption on your property taxes.

Please call our office @910-997-4491 or stop by Aging Services 225 S. Lawrence St. Rockingham to pick up an application.



GLOW

(Gorgeous Ladies and Gents Of the Weekdays)

Each month and week on Wednesdays we will have a different topic of what to wear. **On 5/5 we wear BLACK, on 5/12 we wear HATS, on 5/19 we wear LACE and on 5/26 we wear RED!** Go shopping in your own closet. This is meant to be FUN! SO HAVE FUN!!! Then we will go live on Facebook to chat and catch up. >>>You can also take pictures of yourself and post within the group. <<< Remember this group is PRIVATE and what goes on in this group stays in this group. We want it to be fun and comfortable for everyone.

GLOW will also take you on virtual visits to >>>local professional estheticians<<< to get >>facials, >>eyebrow waxes, >>eyelash lifts and tints, etc. If you have ever wondered what's it's like or wanted to get a particular spa service done but were hesitant, watching our videos may help!!!

GLOW is a place to connect with like-minded >>>women<<< and >>>men<<< to discuss all things which embody skincare, makeup, overall inner and outer beauty, wellness, and fashion. It goes without saying that this is a space of positive, fun, and communal energy - be sure your presence and comments reflect it.

Wednesday	May 5 th	Wear Black Wednesday
Wednesday	May 12 th	Wrap it up Wednesday---- hats, turbans, bonnets, etc....
Wednesday	May 19 th	Graceful In Lace
Wednesday	May 26 th	Lovely in Red

If you have any questions, please call Jacqueline Welch or Terry Rush at (910) 997-4491.

TRIVIA VIDEOS

JOIN US ON

MONDAY, WEDNESDAY, AND FRIDAY

FOR TRIVIA VIDEOS POSTED ON OUR
FACEBOOK PAGE @AGINGISGOOD

>> VIDEO'S WILL BE POSTED BY 5:00PM <<



Richmond County Aging Services
**CAN'T TAKE CARE
OF ALL OF IT
YOURSELF?
LET US HELP!**

HERE ARE SOME WAYS WE CAN HELP:

- > IN HOME MEDICAL CARE
- > ASSISTANCE WITH COMPLETING APPLICATIONS FOR GOVERNMENT PROGRAMS
- > CASE MANAGEMENT SERVICES
- > HOUSEKEEPING
- > TRANSPORTATION SERVICES
- > FOOD ASSISTANCE PROGRAMS
- > HOUSING ASSISTANCE
- > LONG TERM CARE
- > HOUSING IMPROVEMENTS AND MORE

CALL (910) 997-4491

LIROSIA WALL

SHARON MORRISON

4/29/21



IN THE KITCHEN

with Judy Whitley

Check out our Facebook page @agingisgood on Tuesdays for a short video of simple recipes for you to try at home, hosted by Judy Whitley our Ellerbe Senior Center Director and Meal Site Manager.

SENIOR CENTER ZOOM CHAT



THURSDAY, MAY 13TH, 2021

11:00AM – 12:00PM

CALL DONNA LUTHER
(910) 997-8332
FOR MORE INFORMATION.

Memorial Donation

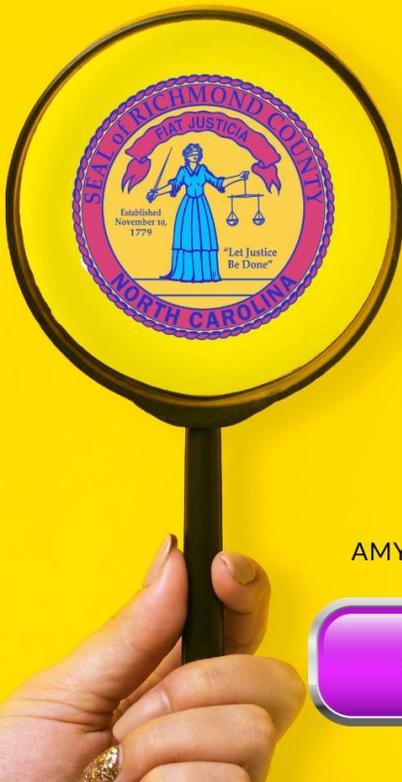
Richmond County Aging Services raise funds throughout the year and many times people will ask how they can help.

There are multiple ways, but one of the most important is very uncomfortable to talk about. Please consider speaking with your families about memorial contributions to Richmond County Aging Services as a way of remembering you.

For so many of you this is your home away from home and sometimes families don't realize that. Memorial contributions help the senior center in so many ways including helping those in need, supplementing the meal program, entertainment and even the daily expenses of the senior center.

If you have questions, please give us a call at 910-997-4491.

Richmond County Aging Services



WE ARE
HIRING

IN HOME AIDE

SEND YOUR APPLICATION TO:

AMY.GREENE@RICHMONDNC.COM

CLICK HERE

4/19/21



REPORT ADULT
AND/OR CHILD
ABUSE

Richmond County
DSS
Intake Line

(910) 997-8415

IF YOU
THINK IT,
REPORT IT!

Follow us on Instagram, Pinterest, and YouTube @agingisgood

If you have suggestions on other virtual or live programs,
please give us a call. (910) 997-8225



NC DEPARTMENT OF
INSURANCE
SENIORS' HEALTH INSURANCE
INFORMATION PROGRAM

Questions or concerns:
Please call (910)410-1135
Terry Rush, Richmond County
SHIIP Coordinator.



COMMUNITIES OF STRENGTH: MAY 2021

This year, Aging Services will celebrate OAM by encouraging community members to share their experiences. Together, we can find strength—and create a stronger future.

Here are some ways to share and connect:

Look for joy in the everyday: Celebrate small moments and ordinary pleasures by taking time to recognize them. Start a gratitude journal and share it with others via social media or call a friend or family member to share a happy moment or to say thank you.

Reach out to neighbors: Even if you can't get together in person right now, you can still connect with your neighbors. Leave a small gift on their doorstep, offer to help with outdoor chores, or deliver a homecooked meal.

Build new skills: Learning something new allows us to practice overcoming challenges. Take an art course online or try a socially distanced outdoor movement class to enjoy learning with others in your community. Have a skill to share? Find an opportunity to teach someone, even casually.

Share your story: There's a reason storytelling is a time-honored activity. Hearing how others experience the world helps us grow. Interviewing family, friends, and neighbors can open up new conversations and strengthen our connections.

Important Announcement

Richmond County Aging Services is CLOSED to all participants. This includes the East Rockingham, Rockingham and Ellerbe Senior Centers and the East Rockingham, Ellerbe and Hamlet Meal Sites.

(Except participates for meal pick up)

Services such as In-Home Aide, Home Delivered Meals, Adult DSS Assistance Program and SHIIP

Counseling are still operating with some modifications.

If you have a question about a particular service, please give us a call at

(910) 997-4491.

Staff is responding to calls and requests to meet basic needs.

Re-opening will be announced via website, Facebook, email and voice calls.

Need A LIFT?

List of Transportation Services in our area:

- > ART (Area of Richmond Transit) (910)895-1313
- > ASAP Transportation (843)862-4277
- > Dewey Brower Taxi Service (910)205-0777
- > H&S Premier Services (910)730-8020 or (910)719-8175
- > Zipp Transportation (910)334-2493



 RICHMOND COUNTY AGING SERVICES INVITES YOU TO
PLAY

BINGO AT HOME

Starting April 12th- until a coverall takes place	CALL KIMBERLY HOTTER AT 910-997- 8225 FOR MORE DETAILS
	Must be 55 or older and from Richmond County

PRIZES AWAIT OUR WINNERS!

Email Distribution List

If you, your church or organization would like to be added to our email distribution list, please send those email links to

terry.rush@richmond

nc.com

or call

(910)-410-1135.



Mother's Day

Q H A C C E P T I N G G N I V O L Z T L L O I E
M R S J C J G N I K R O W D R A H H E L P F U L
O W U R T S E N O H K I N S P I R A T I O N A L
T T I I H N Y P C J R K Y T E P D I W B C U S H
H U N D E R S T A N D I N G H Z E V B G K F F E
E E W X P K S W R B F R Y Z J K S M K N Z L W A
R V Y T M E L B I S N O P S E R S Z V I Y O I R
L O A A M A Z I N G S D U I U T E K I R N O S T
Y L A R C V K Q G K S T D E H B L O E I C C E F
X N G P B B E L O V E D E V O L B L L P P Q P U
P X R K P Y W R U V L F H I P Q S U E S R U J L
A N A H N R L Q V Q F F S T F G J F G N E H E L
Y F C E R D E A X C L Q I R G M N E A I C D V A
P L I X T E T C T N E D R O R S G R N D I N I I
A O O N Q X S M I N S F E P A P I A T E O I T T
M W U L Z G O P K A E L H P C R V C B V U K C N
P E S G U T N P E Z T R C U E O I V V O S E E E
E R G G H F T G A C U I A S F U N G L T C M T R
R S Z E N R R S N T T G V P U D G Q Q E D Q O A
I I R D T I W E E I I F K E L P Y S G D X O R P
N P V H Q E L T D B D E U B E A U T I F U L P R
G U N Q C D E R I N Q I N L Z O X L B R A E D R
U M N F H B R W A H O W U T Q W L O V A B L E F
L A I C E P S M S D F W T G M A N G E L X X J W

Accepting Amazing Angel Appreciative Beautiful Beloved
Best Blessed Brave Busy Careful Caring Cherished Cool
Darling Dear Devoted Elegant Flowers Giving Graceful
Gracious Guiding Hardworking Heartful Helpful Honest
Inspirational Inspiring Kind Lovable Love Loved Loving
Mother Motherly Pampering Parental Patient Precious
Protective Proud Respectful Responsible Selfless Special
Supportive Sweet Understanding Wise Wonderful